

3 WAYS TO CONTROL SEVERE BLEEDING

TOURNIQUETS

WHEN:

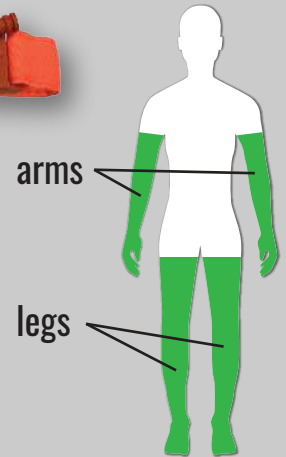
- For life-threatening bleeding only

WHERE:

- Extremities only
- Apply a tourniquet as high and tight as possible

HOW:

- Apply as quickly as possible
- Turn the windless rod until bright red bleeding stops



WOUND PACKING

WHEN:

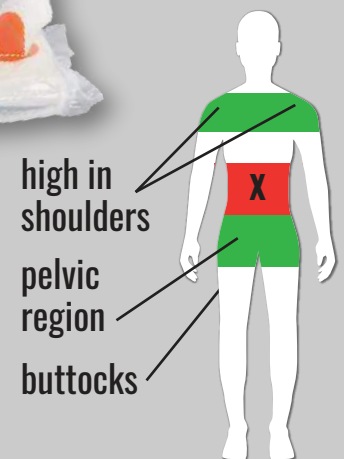
- Someone has severe bleeding on a part of the body where you can't place a tourniquet

WHERE:

- High in shoulders (front and back), pelvic region and buttocks
- NEVER pack a wound in the abdomen

HOW:

- Pack gauze into the wound
- Keep packing until the wound is filled, and the bleeding has slowed
- If you don't have wound packing gauze, use any absorbent material



CHEST SEALS

WHEN:

- There is an open wound allowing air to enter the lung area

WHERE:

- Between the collar bone and belly button (includes abdomen)
- If there is both an entrance and an exit wound, a chest seal should be applied in both places

HOW:

- Apply adhesive side of seal to the open wound
- Seal off the hole to prevent air from entering the lung area
- If a chest seal is not available, use anything that's impermeable (trash bag, rubber gloves, sandwich bag, etc.)

